



Within Sacred Circles: Meditations and Mandala Quilts (Paperback)

By Susan Towner-Larsen

Pilgrim Press, United States, 2004. Paperback. Book Condition: New. 175 x 175 mm. Language: English . Brand New Book. Within Sacred Circles follows on the success of Towner-Larsen's first book, With Sacred Threads: Quilting and the Spiritual Life. From around the world and throughout the ages, circular symbols have been an integral part of centering one's spirit and expressing wholeness. Mandalas are a sacred expression of this universal need for circular symbols, and quilted mandalas combine the spiritual energy and meditative practices of two artistic, timeless worlds--the world of mandalas and the world of quilts. It is the author's hope that this book will connect the traditions, uses, and symbolism of mandalas with the spirituality of quilters and the stories of their mandalas. Each chapter is based on a theme common to mandalas and to the spiritual life. Along with each theme reflection is a picture of a quilted mandala, the story of the quilt as told by its creator (Sacred Story), plus some prayers, holy text, and suggestions for meditation or making your own mandala (Sacred Circles).

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