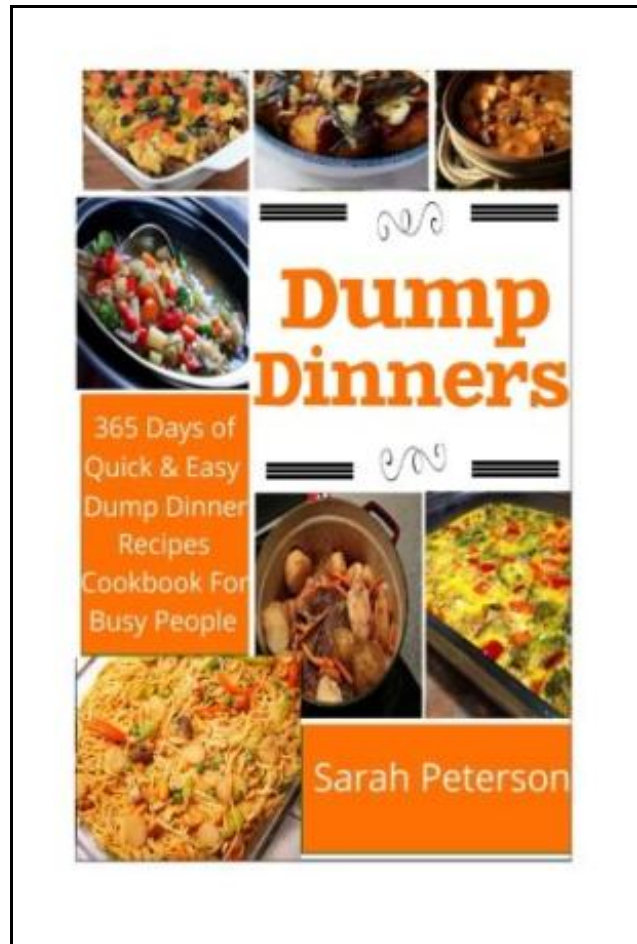


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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Finally Stress Free Dinners with these Delicious Easy Dump Dinner Recipes If you want to prepare quick easy meals and then this recipe book is for you. THIS RECIPE BOOK was created for people like you who are BUSY but still want to have a homemade meal for dinner and not spend hours preparing it. The best part about these recipes is that each recipe can be prepared and cooked with very little time and effort ! When you think about the phrase dump dinner, there are a few things that might come to mind. The theory behind this phenomenon is ease and speed: people who are low on time and energy, yet want to create delicious meals for their families, are sometimes unable to accomplish their culinary desires. Due to their busy schedules, they resort to something quick and easy, perhaps even take-out. This can get costly, however, and in the end is not the best option in keeping the family healthy. Dump dinners are the perfect solution to that problem, and in this book you will have the opportunity to select a different recipe for every day of the year with 365 different dump dinner recipes. Dump dinners have a few things in common: to start, all of the ingredients are put in a slow cooker, casserole dish or pot - this is where the idea of dumping comes into play. Then all you have to do is heat the ingredients according to your device, and walk away. That s it! When you come back, you have a healthy, flavor-packed meal that your family is certain to fall in love with. This saves you time, money,...



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