



Stones of the New Consciousness: Healing, Awakening and Co-Creating with Crystals, Minerals and Gems

By Robert Simmons

North Atlantic Books, U.S. Paperback. Book Condition: new. BRAND NEW, Stones of the New Consciousness: Healing, Awakening and Co-Creating with Crystals, Minerals and Gems, Robert Simmons, "Stones of the New Consciousness" begins with a new approach to meditation with stones, and to the possibility of conscious relationship with the spiritual beings who express themselves in our world as crystals and minerals. This beautifully designed book examines the most important stones that help accelerate and enhance human evolution. Each entry is illustrated with color photos of exceptional examples. The stones include Moldavite, the extraterrestrial amorphous crystal; Nuummite, the oldest gemstone on Earth; and Circle Stones, the highly energetic Flint found in crop circle formations. Other featured rarities include Nirvana Quartz from the Himalayas and high-vibrational Natrolite from the emerald mines of Russia. Author Robert Simmons includes historical and mythological references for each stone, positing that the fabled Stone of the Holy Grail and the Philosopher's Stone of the alchemists may have physical counterparts among the materials discussed. Simmons presents practices for deepening one's awareness of the stones' gifts--from expanding one's consciousness, to healing, to fulfilling one's personal and collective destiny. While emphasizing direct contact with stones, the book also explores crystal energy...

Reviews

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