



## Disorders of Blood Sugar: The Illa Protocol 4th Edition (Paperback)

By Roberto Victor Illa M D

Createspace, United States, 2013. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book gives the practitioner a practical approach for diagnosing blood sugar disorders. The tests recommended in this volume separate disorders of blood sugar into their four main types. These categories, in turn, dictate the appropriate medications which should be chosen for each. Patient case examples are provided. It is important to note that hyperglycemia does not define diabetes mellitus. Hyperglycemia may be constant, or may follow hypoglycemia (the Somogyi phenomenon). Somogyi rebounds occur not only after excess use of hypoglycemic agents but also after hypoglycemia resulting from endogenous hyperinsulinemia (e.g. Nesidioblastosis, insulinoma) or defects in hypothalamic regulatory function. Evidence is presented for the existence of a disease of hypothalamic regulation, which results in spontaneous recurrent hypoglycemia. It is shown that this disorder along with Nesidioblastosis often produces white matter lesions on the non-contrast T2 Flair MRI. These lesions are commonly misdiagnosed as multiple sclerosis or ascribed to small vessel disease. In fact they can either be the result of severe hypoglycemia or hypoxia. The processes of recurrent hypoxia (e.g. from sleep apnea) or recurrent hypoglycemia are the...



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